

# Travel Baseball Checklist

## Uniforms for player -

- Hat
- Jersey
- Pants
- Belt
- Sliding Shorts / Cup
- Socks
- Cleats and/or Turf Shoes
- Extra clothes if needed
- Extra tennis shoes or slides

## Equipment Bag

- Helmet
- Glove
- Bat(s)
- Batting Gloves
- Eye Black
- Water Bottle/thermos
- Other gear related to position

## Other

- Cash for concessions and admission
- Cooler full of snacks and drinks
- Lawn chairs or bleacher seats
- Blankets
- Sunglasses /Hat
- Ziplock bag with wet washcloths, baby wipes, or hand sanitizer
- First Aid Kit and ibuprofen
- Baby powder or chaffing cream
- Lip balm with sunscreen
- Sunscreen
- Bug spray
- Books, magazine, air pods
- Something for siblings (ipad with movies downloaded, markers/paper, ball/glove)

- Portable charger
- Camera
- Wagon
- Pop-up tent for shade
- Weather related items
  - Raincoat, ponchos, umbrella, Mypod
  - Hats, coats, hand-warmers, thermal undershirt, leggings, kleenex,
  - Cooling towel, misting fan, umbrella

### **5 things to remember when staying all night**

1. Plans for your pet
2. Laundry detergent or stain remover
3. Hanger to hang and dry uniforms
4. Dirty clothes bag
5. Swimsuits, goggles, slides for hotel pool

### **Helpful Tips:**

1. DOUBLE CHECK their equipment bags before leaving home and again before leaving the ballpark.
2. Put a tub in the back of your car for muddy cleats, dirty uniforms, etc.
3. Stock up on candy at the dollar store. Go to the store earlier in the week.
4. Bring your tennis shoes and walk around the park in between games.
5. Read through the park rules before going.

### **Snack Ideas:**

- Sunflower seeds if allowed (Menards has a good variety)
- Protein bars
- Beef jerky
- Dried fruit, fruit cups, apple slices, fresh fruit
- String cheese, yogurt tubes or smoothie
- Veggies
- Cheese and crackers
- Applesauce packets
- Nuts or trail mix
- Mini Muffins
- Bags of chips, popcorn, etc.
- Sandwiches / LaGondola torpedo sandwiches